

Rebelz Basketball Club Incorporated Infectious Disease Policy

Effective Date: **AGM 2025**

Approved by: Rebelz Basketball Club Committee

1. Purpose

This policy outlines the guidelines and procedures for managing infectious diseases within Rebelz Basketball Club to protect the health and safety of players, coaches, officials, volunteers, and spectators.

2. Scope

This policy applies to all members of Rebelz Basketball Club, including players, coaches, team managers, committee members, volunteers, and spectators during club-sanctioned games, training, and events.

3. Definitions

- Infectious Disease: Any disease caused by bacteria, viruses, parasites, or fungi that can be spread directly or indirectly from one person to another (e.g. COVID-19, influenza, gastroenteritis, chickenpox, etc.).
- Close Contact: A person who has been in close proximity to someone who has tested positive for an infectious disease, as defined by the Department of Health and Human Services (DHHS) Victoria.
- Isolation: Separating individuals who are sick or infected from those who are not.
- Quarantine: Restricting the movement of individuals who may have been exposed to an infectious disease to monitor symptoms.

4. Policy Principles

- The health and safety of all club participants is the club's top priority.
- All infectious disease protocols shall follow guidance from Basketball Victoria, the Department of Health (Victoria), and relevant government health agencies.
- Everyone involved with the club must take personal responsibility for preventing the spread of infectious diseases.



5. General Guidelines

- Stay Home When Unwell: Players, coaches, or officials who feel unwell or exhibit symptoms of an infectious disease must not attend training, games, or club events.
- Notification: Any confirmed case of an infectious disease must be reported to the Club President, Vice President or Secretary immediately. Confidentiality will be maintained.
- Clearance to Return: A medical clearance **may** be required for any individual returning to club activities following a confirmed infectious disease.
- Hygiene Practices:
 - Regular hand washing or use of hand sanitiser.
 - No sharing of water bottles, towels, or personal equipment.
 - Cough/sneeze into elbow or tissue (dispose of tissues safely).
- Equipment Cleaning: Balls, shared equipment, and high-touch surfaces must be cleaned regularly.

6. COVID-19 and Similar Outbreak Protocols

- In the event of an infectious disease outbreak such as COVID-19, the club will follow all Basketball Victoria Return to Sport Guidelines.
- QR code check-ins or attendance records may be maintained for contact tracing.
- Mask usage and venue capacity limits will follow current Victorian Government regulations.
- Any player or official who tests positive must isolate for the period advised by DHHS and provide a medical clearance before returning.

7. Vaccinations

- The club encourages all eligible participants to follow vaccination recommendations provided by the Victorian Department of Health.
- While vaccinations may not be mandatory, the club supports public health measures to minimise disease spread.



8. Communication

- Members will be updated via email, website, or social media about any infectious disease concerns or health protocol changes.
- Coaches and team managers are responsible for reinforcing this policy at team level.

9. Non-Compliance

Any member who fails to comply with this policy may face consequences including temporary suspension from training or games, as determined by the committee.

10. Review

This policy will be reviewed annually or as required in response to updated public health advice or basketball regulations.

For Further Information please click on the below link:

(Link to Constitution)

